

Mr Tony de Sousa *M.B.B.S. (Hons), FRACS (Urol)*
**Consultant Urological Surgeon, Epworth Freemasons Hospital,
St John of God Berwick Hospital, Mulgrave Private Hospital and
Beleura Private Hospital, Mornington, *MELBOURNE***

Mr Tony de Sousa is a Melbourne trained Urologist specialising in minimally invasive treatments for benign prostatic hyperplasia (BPH), also known as an enlarged prostate – a common disease affecting older men¹ involving a non-cancerous (benign) enlargement of the prostate gland, and expansion of the surrounding tissues.^{2,3}

His clinical expertise also includes robotic surgery for prostate and kidney cancer along with laser kidney stone treatment.

Mr de Sousa is a Consultant Urological Surgeon, with appointments at Epworth Freemasons Hospital, St John of God Berwick Hospital, Mulgrave Private Hospital and Beleura Private Hospital, Mornington.

He graduated from Monash University Medical School with Honours in 2004, and was awarded the Queen Victoria Medical Prize.

In 2010, Mr de Sousa spent a year as Research Fellow with the Prostate and Breast Cancer Research Program at Monash University, and received the Marshall Prize in surgical training from Monash University and Southern Health for his research into prostate cancer. In 2013 he was awarded the prestigious prize for best research paper at the Urological Society's Victorian State Meeting.

Mr de Sousa was appointed as a Fellow of the Royal Australasian College of Surgeons (FRACS) in 2015, and is a member of the Urological Society of Australia and New Zealand (USANZ). He also has professional affiliations with the Australian Medical Association (AMA); American Urological Association (AUA); the Endourological Society (ES); and the European Association of Urology.

Mr de Sousa is actively involved in teaching, research and professional development. His roles have included anatomy demonstrator and tutor at Monash University, and he maintains a strong commitment to teaching medical students and junior doctors. He has been heavily involved in registrar training and education, and was a former supervisor of surgical training (Urology) at Monash Health. He has been an invited speaker at a number of community events, helping to educate the public on important urological health issues.

ends#

To coordinate an interview with Mr Tony de Sousa, please contact:

Kirsten Bruce, Sam Jacobs VIVA! Communications

M 0401 717 566 | 0422 654 404

T 02 9968 3741 | 1604

E kirstenbruce@vivacomcommunications.com.au | sam@vivacomcommunications.com.au



References

1. Awedew AF, Han H, Abbasi B, Abbasi-Kangevari M, Ahmed MB, Almidani O, et al. The global, regional, and national burden of benign prostatic hyperplasia in 204 countries and territories from 2000 to 2019: a systematic analysis for the Global Burden of Disease Study 2019. *The Lancet Healthy Longevity*. 2022;3(11):e754-e76.
2. Franco JVA, Tesolin P, Jung JH. Update on the management of benign prostatic hyperplasia and the role of minimally invasive procedures. *Prostate Int*. 2023;11(1):1-7.
3. Benign prostate hyperplasia (BPH): Urology Care Foundation; 2023 [Available from: [https://www.urologyhealth.org/urology-a-z/b/benign-prostatic-hyperplasia-\(bph\)](https://www.urologyhealth.org/urology-a-z/b/benign-prostatic-hyperplasia-(bph))].