

# Dr Dinesh Patel

*B.Sc., M.B.B.S. (UNSW), FRACS (UROL)*

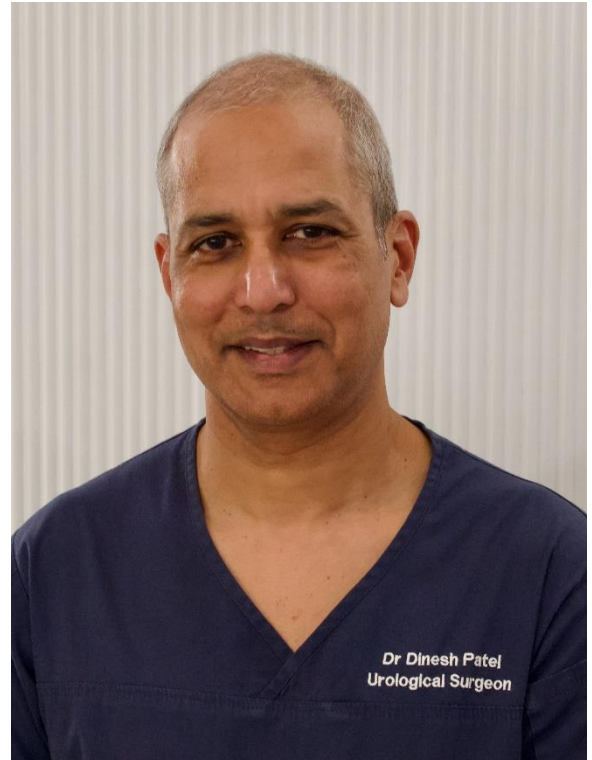
Urology Department Head, Canterbury Hospital,  
Visiting Medical Officer (VMO), Canterbury, Bankstown and Prince of Wales  
Hospitals, Consultant Urological and Robotics Surgeon-Hurstville Private,  
Sydney Southwest Private and St George Private Hospitals, *SYDNEY*

Dr Dinesh Patel is a Sydney-based Consultant Urological Surgeon specialising in the management of prostate cancer and benign prostate hyperplasia (BPH) also known as an enlarged prostate – a common disease affecting older men<sup>1</sup> involving a non-cancerous (benign) enlargement of the prostate gland, and expansion of the surrounding tissues.<sup>2,3</sup>

Having been a specialist surgeon more than 23 years, Dr Patel has gained extensive experience performing a variety of urological procedures, including minimally invasive surgery for kidney stones and prostate conditions.

He is a Visiting Medical Officer (VMO) in the Sydney Local, Southwestern Sydney and Southeastern Sydney Health Districts.

Dr Patel graduated from the University of New South Wales (UNSW) in 1991, with a Bachelor of Medicine, and Bachelor of Surgery. In 2001, he was appointed a Fellow of the Royal College of Surgeons (FRACS).



He is an active member of a genitourinary multidisciplinary cancer team within the SLHD, and the Cancer Institute of NSW.

Dr Patel helped pioneer the use of water vapour therapy in Australia, for the treatment of BPH. In the procedure, steam is injected directly into the prostate tissue to reduce blockage and help relieve urinary symptoms.<sup>4,5</sup> He currently instructs urologists both nationally, and internationally, on this treatment, and sits on international webinar panels focusing on BPH treatments. He has performed more than 300 water vapour treatments for BPH.

Dr Patel is also an accredited robotics surgeon, committed to delivering excellent patient health outcomes. He performs complex cancer surgeries utilising the latest robotic technology available. He offers personalised care, and prides himself on delivering ethical and sound advice to each of his patients.

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To coordinate an interview with Dr Dinesh Patel, please contact:

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## References

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