

**Dr James Aspinall**  
*M.B.B.S., FRACS (UROL)*  
Specialist Urologist, St Andrew's Hospital, *ADELAIDE*

Dr James Aspinall has worked as a specialist urologist at St Andrew's Hospital Adelaide. He also provides a State-wide service via video conferencing to any compatible rural GP location.

His clinical interests in urology include oncology, stone surgery, and reconstructive urology, including strictures of the urethra and bladder neck. He also provides personalised information and care for all complications following cancer surgery, particularly urinary incontinence and benign prostate hyperplasia (BPH) also known as an enlarged prostate – a common disease affecting older men<sup>1</sup> involving a non-cancerous (benign) enlargement of the prostate gland, and expansion of the surrounding tissues<sup>2,3</sup> – and difficulty urinating using water vapour treatment – the injection of steam directly into the prostate tissue to reduce problematic tissue overgrowth associated with BPH, to relieve symptoms and obstructions<sup>4,5</sup> – staples, green lasers, or electro-cautery, including sexual function and ejaculatory sparing procedures.



Dr Aspinall graduated with a Bachelor of Medicine, and Bachelor of Surgery from Flinders University in Adelaide (FUA), in 1988. His post-graduate education to become a surgeon occurred in seven teaching hospitals in Adelaide. He then spent the ensuing three years researching the role of testosterone receptors and their mutations in prostate cancer at Flinders University. In 1998, Dr Aspinall completed one year of training post-fellowship at the University Hospital of Wales, Cardiff, UK, studying reconstructive urology, including urethral reconstruction for complex urethral stricture disease.

He was appointed a Fellow of the Royal Australasian College of Surgeons (RACS) in 1999. He is a member of the Urological Society of Australia and New Zealand (USANZ), and the Australian Medical Association (AMA).

As an active member of RACS, Dr Aspinall strives to maintain his connections, and to regularly exchange knowledge, and information with his peers.

His more than 30-year-strong experience in urology, and commitment to continuous learning and professional development, ensure Dr Aspinall's patients receive the highest standard of care.

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To coordinate an interview with Dr James Aspinall, please contact:

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## References

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